


PERSONAL INFORMATION

MIHAELA OSTAN



 Timisoara
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Sex F | Date of birth 08/06/1977 | Nationality Romanian

EMPLOYER

University of Life Sciences “King Mihai I” from Timisoara, Romania

WORK EXPERIENCE

(2015 - present)

Lecturer

University of Life Sciences “King Mihai I” from Timisoara

- Didactic and scientific research activity

Faculty of Agriculture, Biology and Plant Protection Department

(2003 - 2015)

Assistant professor

Banat University of Agricultural Science and Veterinary Medicine “King Mihai I of Romania” from Timisoara

- Didactic and scientific research activity

Faculty of Agriculture, Biology Department

(2000 - 2003)

University tutor

Banat University of Agricultural Science and Veterinary Medicine from Timisoara

- Didactic and scientific research activity

Faculty of Agriculture, Biology Department

(1999 - 2000)

Substitute university tutor

Banat University of Agricultural Science and Veterinary Medicine from Timisoara

- Didactic and scientific research activity

Faculty of Agriculture, Biology Department

EDUCATION AND TRAINING

(2013 - 2015)

MASTER

Banat University of Agricultural Science and Veterinary Medicine “King Mihai I of Romania” from Timisoara

Food – Human Nutrition

(2000 - 2011)

PhD

„Vasile Goldiş” Western University of Arad

Biology

(1999- 2000)

MASTER

Banat University of Agricultural Science and Veterinary Medicine “King Mihai I of Romania” from Timisoara

Biology applied in agriculture

(1995 - 1999)

BACHELOR

Banat University of Agricultural Science and Veterinary Medicine from Timisoara

Biology– Agriculture Sciences

PERSONAL SKILLS

Mother tongue Romanian

Other languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B ₂	B ₁	B ₁	B ₁	A ₂
French	A ₂	A ₂	A ₂	A ₂	A ₂

Communication skills

- Good communication skills gained through my experience as teacher

Organisational / managerial skills

- Effective communication, namely empathy and emotional intelligence (skills acquired through my own experience as a year tutor for 6 consecutive generations of biologists)
- Teamwork and team motivation (skills acquired through my own experience as a member of two research projects and scientific circle coordinator)
- Strategic vision and results orientation (skills acquired through my own experience as a bachelor's/dissertation scientific coordinator)

Job-related skills

- Good oral and writing communication (participation in numerous national and international scientific events)

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Independent user	Independent user	Independent user	Basic user

Driving licence B

ADDITIONAL INFORMATION

Publications

- ORCID 0009-0005-2501-3638, GScholar ID 9sx8ZQkAAAAJ, WoS ids HZJ-9698-2023, Scopus ids 58617229200

Memberships

- Member of the association Romanian Society of Cell Biology
- Member of the association Romanian Society of Biochemistry and Molecular Biology

Work and competence area

Science and research

Date,
01.10.2025